

We are Celebrating TIC's birth year 1895 by offering children 13 and under Adjustments for 18.95 thru Sept.

And to celebrate its 114 year—we are offering the complete initial experience at 114 (165 value) Even better, attend a wellness workshop first and receive the complete initial experience for 89.50

Life Expressions ChiropracTIC ♥ Center

Louis Corleto and the L.E. Team

September 2009

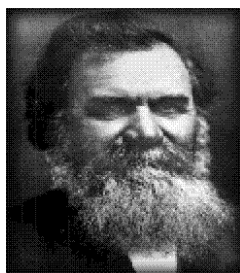
Happy Birthday ChiropracTIC

Celebrating 114 years
of service to humanity
&
Life Expressions Celebrating 16 years
of service to East Tenn.



Come Party, Play & fellowship
with like minded people

On Sept 18, 2003 TIC will be celebrating 114 years of service to humanity. To think it all started with the adjustment of a deaf janitor who regained his hearing.



The Following is from D.D. Palmer the "receiver" of ChiropracTIC principles. (p18, 1910)

"One question was always uppermost in my mind in my search for the cause of dis-ease. I desired to know why one person was ailing and his associate, eating at the same table working in the same shop, at the same bench, was not. Why? What difference was there in the two persons that caused one to have pneumonia, catarrh, typhoid or rheumatism, while his partner, similarly situated, escaped? Why? This question had worried thousands for centuries and was answered in September, 1895.

Discover the answer in one of the many wellness workshops this month.

Hidden away in the inner nature of the real man is the law of his life and some day he will discover it and consciously make use of it. He will heal himself, make himself happy and prosperous and will live in an entirely different world, for he will have discovered that life is from within and not from without.

*-Ralph Waldo Em-

erson

Function and Performance

By Jacob Fletcher

Why do big names like Lance Armstrong, Tiger Woods, Tony Robbins and many more get adjusted on a regular basis? They get adjusted because it improves their performance and enhances the function of their bodies in all aspects of life. They understand that at their level of performance, they must be on top of their game and always play full out. Lance Armstrong said that he could not have won the Tour De France without his chiropractor's help. "The Chiropractor is the most important person on the team staff." Tiger Woods said that, "I've been going to chiropractors for as long as I can remember. It's as important to my training as practicing my swing." Olympic gold medal winner Dan O'Brien said, "If it hadn't been for chiropractic, I truly don't think I would have won a gold medal." Napoleon Hill, the famed author of *Think and Grow Rich*, credits his health to eating sparingly, working enthusiastically in a labor of love, loving generously, and getting chiropractic adjustments. He also credits chiropractic in assisting his son to regain 100% of his hearing. The amazing part of that story is his son was born with NO EARS and could not hear a sound.

You may be thinking, "Yeah, that's great, so a bunch of celebrities get adjusted. How does that impact me?" The real question is how does chiropractic improve the function and performance of your life? You can be a better parent. You can teach your child appropriate morals and values through example, express your emotions, give them the love and support to inspire them to reach for their goals and instill in them that they can do whatever they put their mind to. You can be a better partner to your significant other. You can consistently grow and learn together, teach others around you and experience real love. You can be a better employee. You could increase your production, have better relationships with your co-workers and increase your passion for your job. You can be a better member of your community. You can be more involved with your community. You can assist those who ask for help, volunteer your time for a worthy cause, meet with others and inspire a group and watch out for your piece of Mother Earth. You can grow as an individual. You can heal from old hurts, find your purpose, increase your consciousness and awareness, improve your UNIQUENESS and LIFE EXPRESSION!

Chiropractic can assist in all that? I know it can! Why? Because I have and continue to experience it daily. Thanks to the way TIC is delivered through The Center for Life Expression, I live my life more fully in every aspect, and I know YOU CAN TOO!

If you are not experiencing these things or would like to experience chiropractic at the next level, get involved! Come to the playshops to listen and implement life changing information. Browse the lending library and start reading some of the books. Ask questions to take advantage of your co-creative care. In the end it is your choice and your life. Only you can choose to increase your function and performance to LIVE LIFE TO THE FULLEST!

IF MAN VIOLATES MAN*S LAW, WE SEND HIM TO PRISON AND POINT THE FINGER OF SCORN AT HIM.

IF HE VIOLATES NATURE*S LAWS, WE TAKE HIM TO THE HOSPITAL AND SEND HIM FLOWERS.

To be uncertain is uncomfortable,
but to be certain is ridiculous.

-Chinese proverb

Chiropractic – In the News

Maura Heavey

Happy Birthday Chiropractic! This month we are celebrating the birth of the chiropractic profession discovered by DD Palmer in 1895. A good friend of mine who recently celebrated her birthday shared with me that on her birthday she takes a moment to reflect on all the positive events that she participated in over the last year and sets intentions for the upcoming year. In light of her sharing and celebrating the birth of chiropractic, I have taken a moment to reflect on a few events that have happened in chiropractic this year. What follows is a series of news stories that feature the wonders of chiropractic.

NBC NEWS CHANNEL 10 – Five years ago Charlie was adopted by the Rivera family. His adopted mother Michele described young Charlie by noting that he was confined to a wheelchair, was lethargic and on all kinds of medicines. His adopted father Abraham added that Charlie, "basically sat in a wheelchair slumped over. There was nothing for the child." The Riveras took Charlie to a chiropractor Dr. Ross Rutkowski of Somerset, MA. Dr. Rutkowski explained that he performed a specific type of chiropractic that involved posture to help the upper part of Charlie's neck causing a change instantly after the first adjustment. His mother recalled, "He'd never slept a full night since we had gotten him the first five years." Mrs. Rivera then recalled what happened after Charlie's first adjustment, "When he came here (the chiropractor's office) that night was the first night he slept, and it was 24 hours with no seizure." His father noted that now him and Charlie can make eye contact. The story notes that the Riveras call this nothing short of a miracle and their son now has **a good quality of life**. But now Abraham says, "Amazing, all my aches are gone to! Yup I'm a patient now too."

FOX NEWS CHANNEL 42 - OMAHA (KPTM) - Having a colicky baby can be frustrating as a parent. You feel helpless, tired, and sometimes all alone in your struggles. For example, get a load of 11-month-old Jacob Coleman. Smiley and giggly, you'd never know he was once a colicky baby; who slept just 15 minutes out of every hour, and cried constantly. "My son was born almost a year ago, extremely colicky, losing weight, wasn't able to latch," said Lori Coleman. "When I spoke to the pediatrician multiple times, she said, there was nothing they could do," said Coleman. "Nobody quite understands what causes colic, or what to do about it. So, what we do, is allow stress off the nervous system." "The first trauma to the spine and nervous system is the birth process. Think of the pressure it takes to push a baby out of the birth canal," said Pearson. "Dr. Pearson was able to bring him comfort, and within 24 hours, he was a different child!" said Coleman. "He was happy - sleeping. I was sleeping!" said Argotsinger. "His pediatrician thought it was a miracle," said Coleman.

Blind Man Suddenly Sees Again by Katie Wiedemann, Reporter

DUBUQUE - Doctors aren't quite sure how it happened, but a Dubuque man can see clearly after being blind in one eye for more than a decade. It happened after a trip to the chiropractor. Twelve years ago Doug Harkey's left eye suddenly stopped working. "I woke up one day and I didn't have vision in one eye." And as quickly as he lost sight, he got it back.

Harkey said, "he just did his normal adjustment and, voila! After a routine visit to Chiropractor Tim Stackis, Harkey says a miracle happened. "My blind eye starting watering after I left there and it watered for 45 minutes straight. It started making my good eye water. I went to wipe my right eye and I could see out my left again." Doctor Stackis said the bones in the Harkey's neck were out of alignment. Stackis said, "That interferes with the messages and energy the brain sends down to the rest of the body." Harkey now has the depth perception he'd been missing, just what he needs as he's about to walk down the aisle with his fiancée next month. Harkey's Fiancée, Gina Connolly said, "I'm not use to him not running into things or stepping on our feet." Doctor Stackis and Harkey were both surprised by what happened. Harkey said, "He has miracle hands, I guess." Was it a miracle? Harkey's not sure how to explain it, he's just glad it happened.

These "miracle" stories are not new to the chiropractic profession and they happen daily in chiropractic offices around the world. After all when D.D. Palmer gave Harvey Lillard **THE** first chiropractic adjustment back on September 18, 1895, Mr. Lillard's hearing was restored. I put "miracle" in quotes because in my opinion these experiences are not miracles but are testimonial to the truth that the potential to truly HEAL comes from within you. When that potential is fully expressed, ANYTHING is possible. Don't believe me or the stories, experience it for yourself!

Look for more stories throughout the month at the center. Better yet, share your story with me, Judy, Lou, Jacob, a friend, a colleague, the grocery checkout person, ANYONE that will listen. The world is in such chaos and is looking for answers that bring peace, harmony and balance. You sharing your story could be the impetus that encourages someone to make a change. You never know!

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Wellness Workshops

Complete details go to

<http://www.lifeexpressionschiropractic.com/calendar>

Sept 1st 2009 : **Creating Wholeness** -Lou Corleto

Sept 8th 2009: Messages from Within: What IS your body saying? What is it that manages the matrix of activities in your body? Come explore how and why your body works the way it does. It's worth knowing! It's the only body you have. -Dr. Maura Heavey

Sept 15th: **TIC's Birthday Party-Celebrate LIFE**

Sept 22nd- How is your body performing? Are you looking for an understanding of how to perform better at work, at school, on the course, on the field, IN LIFE? If you have asked yourself these questions, come learn some answers.-Dr. Jacob Fletcher

Sept 29th- **Innate Intelligence** what is it and how do I access it for greater healing??- Lou Corleto

Bring a friend! Change a life!

All classes start at 7pm- Tuesday

Workshop fee:
Open heart and an open Mind

Our Mission Statement:

To provide excellent principled Chiropractic service to the World, one person at a time, and to empower people with the wisdom of vitalistic philosophy with LOVE .

"The symptoms and the illness are not the same thing. The illness exists long before the symptoms. Rather than being the illness, the symptoms are the beginning of its cures. The fact that they are unwanted makes them all the more a phenomenon of grace--a gift of God, a message from the unconscious, if you will, to initiate self-examination and repair." M. Scott Peck

Chiropractic is not about
correction,
IT'S ABOUT CONNECTION!