
Life Expressions

ChiropracTIC ♥ Center

Louis Corleto ChiropracTOR & L.E. Team

July 2009

Body Balance

Masculine and Feminine Sides of the Body

If you look in the mirror and view your profile from each side, you may notice that the two sides of your face are slightly different from one another. Additionally, your left hand is similar to but different from your right hand. In fact, these subtle differences pervade both sides of your entire body. Considering these differences in the context of the idea that the right side of your body is masculine and the left side feminine may shed some light on how balanced you are in relation to your masculine and feminine qualities.

Intuition, feelings, openness, and unselfishness govern the feminine side of our natures. The masculine side is characterized by logic, facts, systems, and self-interest. If you are giving too much to others to the detriment of yourself, your feminine side may be overactive and your right side may need strengthening, to speak up on your behalf, protecting and conserving your energy. If your life is too rigidly structured, your masculine aspect may be overactive; developing your feminine aspect will bring a more open-ended and creative approach.

Maintaining harmony between the left side and the right side, the feminine and masculine, is a key to wholeness. We can foster awareness of our own relative state of balance by tuning in to our bodies. When you close your eyes and scan your body, what do you see? You may find that most of your ailments, from acne to muscle tension, occur on the left side of your body. This might indicate that your feminine aspect is out of balance in some way. Similarly, if you notice a lot of tension in your right shoulder, perhaps your masculine side is overtaxed or weakened. Just noticing an imbalance is the beginning of healing it. Some imbalances may be long-standing, and it may take time to bring your system into equilibrium. Remember to be gentle with yourself and listen to your body. Over time, doing this can guide you to a dynamic state of inner and outer balance. —Daily OM

The Center for Life Expression announces 2 new team members

Jacob and Maura are excited about The Center For Life Expression! For them, Maura spent a number of years first visit to a chiropractor had such up her successful career and was en-College 10 months later. Ask her



their future and the growth of those who have not yet met in business and consulting. Her an impact on her, that she gave rolled at Palmer Chiropractic about her amazing story!

Jacob knew from an early age that he would become a chiropractor. After graduating with a degree in Exercise Science, he also went to Palmer. After completing his internship at Life Ex-pressions a year ago, both Maura and Jacob graduated with honors from Palmer. They joined Lou and AdJustWorld in Brazil for a chiro-practic humanitarian mission last September. Along with more than 20 international chiropractors, they adjusted thousands and thousands of people and saw the amazing miracles that chiropractic and a free flowing nerve system brings. They traveled throughout South and Central America after the mission and then landed here in Johnson



City.

Since landing here, Maura and Jacob have become very involved in the community. Maura has volunteered for the local Girls On The Run organization which is focused on teaching and inspiring young girls about themselves through running. She has also been very busy planning Ladies Night, which will happen June 5th at the Center. She has gathered a number of local female business owners to display their products and services to help reconnect women with who they are. Jacob is a part of a local Toastmaster speaking group and Business Net-working International in Elizabethton. They recently represented The Center For Life Expres-sion at the Green and Natural living Expo in Gray.

This month, they will begin working with the local Interfaith Hospitality Network of Johnson City. This group is dedicated to empowering homeless families with children. They are ex-cited to bring chiropractic to this particular group. The Center will now be open 6 days a week as Maura and Jacob will be serving on Wednesdays, Fridays, and Saturdays. Now is a great time to help us spread the chiropractic message and send in your friends and loved ones for a complimentary vitality check.

*Drs Maura and Jacob will be serving during the week of June 15-19
Lou and Lydie are the key facilitators for a 6 day intensive personal
development retreat*

*The Human –Dolphin connection and Re-memembering YOUR Divinity:
Details at <http://www.adjustworld.com/human-dolphin-retreat>*

Important for all Families– PLEASE READ!!!!!!!

We don't usually send out letters like this one, but in light of our current experience we feel the need to inform our loved ones about possible side effects of the childhood vaccination program so nobody else will have to go through what we and thousands of other families have.

As you may have heard, our son Mac, had a febrile seizure on Friday, May 22nd. This was exactly nine days after he received the MMR vaccination. The seizure mimicked many of the classic symptoms of a Cerebral Vascular Accident (CVA) or Stroke. We were very fortunate, as it appears that Mac will not be any permanent brain damage from the seizure. But even now there are physical signs evident on his face, such as dropping corners of his mouth and a left eye drift that should correct its self in time. It has come to our attention, in retrospect, that Mac's seizure was not caused by the MMR alone. After each vaccination he received, he exhibited these minor facial characteristics that were physical signs of damage to the circulatory system in his brain.

We went today for a 2nd opinion on the effects of the seizure on Mac from prominent physician specializing in Neurobiology and the effects of vaccination on the brains of children. Without being told Mac's age or the date of the photos this doctor was able to pick out signs of damage in Mac's face that corresponded to the times when he had been vaccinated. We don't want to get too detailed, but as it was explained to us, each vaccine causes a hyper stimulus to the immune system resulting in an over abundance of White Blood Cells. White blood cells fight disease in the body and are much larger than the red blood cells that carry oxygen throughout body. The result is a blockage in the smallest blood vessels in the brain depriving the brain and other organs of oxygen. This in turn will cause organ failure, as seen in many autistic children, seizures and brain damage.

The Doctor we saw today is named Andrew Moulden. He was involved in the first case that went to the Supreme Court (11/08) which ruled that the vaccine given to a perfectly healthy infant, Ben Zeller, had caused seizures that resulted in major brain damage. He has also worked with Jenny McCarthy's son as well as John Travolta's son. He served on the National Medical Board of Health in Canada and has a list of credentials to name. All we ask is that you please take a second to look at the evidence and remember that this has happened to our son. We have just been extremely lucky that he will recover and did not suffer as Ben will for the rest of his life.

There are many places with information about this topic. Many of them will have contradicting arguments but remember this is a first hand account and not an urban legend, Internet hoax, or something that happened to a friend of a friend. Consider other times when doctors, companies, and the government were wrong, such as with DDT, Lead Paint, Lead Gasoline, Agent Orange, BPA in baby bottles, thalidomide (a cancer drug that caused severe birth defects in the 60's) and the health of our children suffered. It wasn't until enough damage (enough people hurt or dead) had been done that conditions and regulations changed. We don't believe that doctors are intentionally allowing harm to come to our children, but the dogma surrounding vaccinations need to be updated and they need to recognize that the benefits do not out-way the costs. We are writing this to let everyone know that we are electing to discontinue anymore vaccinations for Mac and to ask that before you begin or continue vaccinations to consider the evidence.

Today, in modest estimates, it is believed that 1 of every 150 children is diagnosed with autism. 1 out of every 66 children are diagnosed with learning disorders. There are many options that allow parents to opt out of "mandatory" vaccine regimens. Please visit www.unhinderedliving.com/statevacxemp.html for your state's laws and forms that allow to refuse vaccinations for religious reasons and still attend any school or daycare you choose.

We have joined in a class action lawsuit to raise public awareness and to protect children and families that we love. For more information please check out some of the websites listed below or ask us any questions and we will help you to find answers or at least point you in the right direction.

www.vacinfo.org

www.vaccinerights.com/resources Dr. Moulden's email is ToleranceLost@gmail.com (he responded to us within hours)

For a local news clip and Video of Ben Zeller and his court case please visit

<http://www.wptv.com/news/local/story/MMR-vaccinations-being-brought-to-court/fKRqinuFqEa98NV35OvLKA.csp>

We want you all to know that we love you and are telling you this to inform and protect you from having an experience like ours. Watching our healthy son have a seizure was terrifying and completely unnecessary.

Love,
Marcus, Charlene, and Mac Andrews

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Life Enhancement Playshops

Complete playshop details go to
<http://www.lifeexpressionschiropractic.com/calendar>

June 2 : What is Health– Jacob Fletcher, D.C.

June 9th: Creating wholeness-Lou Corleto

June 16th: Where are you on Your Journey– Maura Heavey, D.C.

June 23: Movie night– Spirit Space

June 30 : Lessons from the Dolphins– Lou And Lydie

Change a life! Bring a friend!

Playshop fee:
Open heart and an open Mind

O ur M ission S tatement:

T o provide excellent principled C hiropract IC
service to the W orld, one person at a time, and to
empower people with the wisdom of vitalistic phi-
losophy with L O V E .

*Life is a daring adventure or
nothing at all. - Helen Keller*

Chiropractic is not about
correction,
IT'S ABOUT CONNECTION!